



Rules for obtaining K2Bandet - a paddling trip around the entire Swedish coast in K2 kayak.

Valid as of 2009

1. Start, finish and (if applicable) aborted attempt should be announced in writing to::

K2Bandet
c/o Lars Dagberg
Anfasteröd Parken 440
45991 LJUNGSKILE
Phone. (see Telephone and E-mail contact below)

Minimum age at time of start is 18 years. Starting fee is not applied.

Paddling directions

The K2Bandet may be paddled in directions after own choice. That is either Svinesund to Haparanda alternate Haparanda to Svinesund.

Start- and Goal-points

the navigations mark at the old Svinesund ferry berth
alternate

the border mark No 59 at Virtakari cape by the river Torne River's outlet at the Swedish side.

The tour should be finished by laying on hands on mentioned marks.

Starting notification

must contain the following information:

- Names of the paddlers (the crew) stating who's representing the crew
- Times of birth (year, month, day for each crew member)
- Address inclusively eventual e-address to respective crew member
- Telephone numbers and mobile phone number active during the tour
- Choice of starting point
- URL to eventual homepage during the tour
- Kayak in use (make and model)
- Kind of safety equipments
- Start date should also be included. As the weather situation is unpredictable this date is considered preliminary. Once under way the paddler should without delay - in writing or by phone - give the correct date and time of the start.

Goal announcement

must be submitted no later than one week after finishing and contain the following information:

- Confirmation of the previously indicated starting date and time
- Date and time for finishing, i.e. when touching border marker no 59
- Number of paddling days (days elapsed from start to finish)
- Distance paddled in kilometres or nautical miles
- Paddlers who, as a memento of the trip wish to have their own handmade K2B miniature kayak personalised with their name, can obtain one at cost which currently is SEK 550.- . If the paddler in the finishing notification indicates this wish the miniature kayak will be awarded to the approved paddlers at the jury meeting

2. The trip should be undertaken in a K2 kayak as a long paddling, that is that all equipment such as maps/charts etc. should be carried aboard the kayak.
 - a. Rendezvous with accompanying boat or suchlike for loading or unloading is not allowed. Swapping kayak or paddles may not be done during the trip. Spare paddles ought to be brought along.
 - b. Should kayak and/or paddles be stolen during the trip will new be allowed to get with support from the outside. The same goes for safety equipment such as pontoons, life vests, paddling cover, compasses and mobile phone. With that addition that they may be fetched with outside help if lost in other way.
 - c. Damaged kayak should if possible be repaired by the crew, why a repair kit ought to be included in the equipment. If this should not cover the extent of the damage and an expert is needed to maintain the safety of the kayak it will be allowed to apply one. If this expert is not to be found at the place one has been stranded the crew should on their own arrange that the kayak comes to desired expert. During the repair time the crew should act as been hold back by the wind and stay at the place awaiting the kayak to be useable again. After the repair is done should restart be made from the place one had to land at.
 - d. If other equipment than kayak and paddles, not specified as safety equipment, get unusable, this will be replaced only by the crew them selves.
3. Addition to provision along the route should be made by the crew them selves. If visited by or copaddling with relatives and friends during the trip, it is neither allowed to receive provisions from them, nor to get their help with unloading or completing the equipment.
4. Each daily distance should be carefully marked on the map/chart (scale at choice) and entered in a log. All days including days of start and finish are considered fully paddling days. The trip should be completed within one and same calendar year.
5. The whole of the trip should be undertaken in the sea without portages. The paddler's route at sea should thus be possible to mark as a coherent line from start to goal. It is allowed to paddle through all canals without locks, such as Sote kanal in Bohuslän, Falsterbo kanal (adjustable flood damper that will be lowered during passage) and Vaddö kanal by the Roslagen coast north of Stockholm.
6. For propelling the kayak only the use of paddle is allowed.
7. There are no checkpoints along the route. Each paddler's kayak-honour is a guarantee of that the rules will be complied with. After completion the paddler will give an account of her or his trip before a jury.
8. All those who according to the rules complete the paddling will be awarded the K2Ribbon regardless of how many days the crew has used. Any paddler is free to obtain the K2Ribbon more than once. In the same or other crew.
9. Each paddler's name, age, year of completion and number of paddling days will be put on display in a glass show-case with a styled miniature kayak at the Outdoor Organisation in Ljungskile. (in Swedish Friluftsrämjandets Kajaksektion i Ljungskile)
10. In case the slightest doubts concerning the rules should arise, ask for information before the start or during the paddling. Nothing would be more painful for a jury than to reject a trip on the grounds that a paddler has taken too lightly on the rules.

The meaning with the rules for obtaining K2Ribbon is that the kayak crew after own ability, own navigation and with good seamanship shall carry the tour through by own strength and navigate the craft in to port without any support from the outside.

AS ALWAYS: THE RESPONSIBILITY IS YOURS.

Telephone and Mail-contact: +46(0)522 212 44 (Lars Dagberg)
or. **0705 87 18 80 (Lennart Bergström)**
E-mail [Lars Dagberg](mailto:larsdagberg-at-k2bandet.se) (larsdagberg-at-k2bandet.se)